

**Sterling Morton Regatta  
Chicago Yacht Club  
Monroe Station, Chicago, IL  
May 19-20**

## **SAILING INSTRUCTIONS**

### **1 RULES**

- 1.1 The race will be governed by the rules as defined in *The Racing Rules of Sailing, 2017 - 2020* edition as modified in the Notice of Race and these Sailing Instructions and Attachments, including Addendum Q.
- 1.2 Addendum C (handling the boats) will also apply any time the boat is being operated.
- 1.3 On-the-water umpiring will be in effect for the regatta. The rules of Addendum Q (version June 12, 2017) apply (hereafter "AQ"). AQ is available on the Notice Board.
- 1.4 In the case of a conflict between the Notice of Race and the Sailing Instructions, SIs will take precedence. This changes RRS 63.7.

### **2 NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice boards located at the Chicago Yacht Club Monroe Station. Information may also be available on the Chicago Yacht Club website at
- 2.2 A competitors meeting will be held each day at 0900 on the Patio of the Monroe street station. This changes NOR

### **3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed from the main flagpole located northeast of the center of the Monroe Station clubhouse.
- 4.2 Signals Made Afloat: In accordance with RRS 90.2(c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee (R/C) signal boat displays flags L over A with one sound signal. This means come within hail of the R/C boat to receive the oral changes to the Sailing Instructions. These changes may also be communicated by the umpires.
  - a. The R/C will monitor VHF Channel 69.

### **5 BOW NUMBERS & BOAT ROTATION**

- 5.1 Competitors will rotate boats after each race, as noted in the Rotation Schedule, separate from the SIs.
- 5.2 A teams burgee must be displayed prominently on the backstay.

### **6 SCHEDULE OF RACES**

#### Friday May 18.

- 1400-1800 Competitor Registration- Captains Cabin
- 1400-1800 Practice available

Saturday May 19

0800-0900 Competitor Registration  
0900 Competitors Meeting  
1030 Warning signal for 1st practice race  
1300 Warning signal for first Scored race

Sunday May 20

1015 First warning  
1500 No warning signal after this time

**7 CLASS FLAGS**

The class flag will be a white flag with a Sonar class logo.

**8 STARTING AREA**

The racing area will be in the South Monroe harbor.

**9 CHECK-IN**

Prior to the warning of the first race each day, each boat shall check-in with, and be recognized by, the R/C located on a vessel displaying the flag L by passing close aboard on starboard tack and hailing her sail number. When a boat has been recognized, the R/C will hail the boat's sail number.

**10 COURSE**

- 10.1 The course will be selected from Attachment A: Course Chart.
- 10.2 The following signals will be posted on a Whiteboard on the stern of the committee boat on the Starboard end of the starting line: Course number, distance to mark 1, the approximate bearing from Mark 2s/2p to Mark 1.

**11 MARKS**

- 11.1 Mark 1 and 1a shall be Orange cylinders. Marks 2s and 2p shall be short Orange cylinders. Starting mark will be a white tetrahedron.
- 11.2 In the event Mark 2s/2p is established as a single mark, that mark shall be left to port.
- 11.3 New Marks, when as described in SI , will be Yellow tetrahedrons.
- 11.4 Mark 1 and 1a are rounding marks and shall be left to port. Together, Marks 2s and 2p form a gate.

**12 THE START**

- 12.1 The starting line will be between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.
- 12.2 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4 and rule A5.

**13 RECALLS**

If any part of a boat's hull, crew or equipment is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to broadcast her sail number on the designated hailing channel. Errors or omissions in courtesy broadcasts or hails are not grounds for a request for redress. This changes rule 62.1(a).

**14 CHANGE**

To change the next leg of the course, the R/C will lay an new mark )or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a

new mark is replace, it will be replaced by an original mark.

## **15 THE FINISH**

The finish line will be between a staff displaying a blue flag on a race committee boat and the course side of the finishing mark as illustrated on the course chart.

## **16 PROTESTS**

- 16.1 The OA will provide a code flag Y for each boat. A boat may use this flag instead of a red flag to protest another boat as described in Q2.1.
- 16.2 When there is an incident with contact between boats and the umpires believe the contact may involve damage, they will proceed under Q5.5, and the protest committee will use the guidance in Attachment E.

## **17 SCORING**

- 17.1 A boats series score shall be the total of her race scores. No scores shall be excluded, this changes A2.1.
- 17.2 The scheduled number of races shall be 10. At least three (3) races must be completed to award the Sterling Morton Cup

## **18 SAFETY REGULATIONS AND WITHDRAWALS**

A boat that retires from the race shall notify the race committee, by hail or VHF channel 69, of her withdrawal and return to the starting area as soon as practicable.

## **19 BREAKDOWN and TIME FOR REPAIRS**

- 19.1 Before the warning signal of a race or within five minutes of changing into a new boat, whichever is later, a boat may contact any race official or umpire via VHF 69 to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall then proceed as soon as possible to a position close to leeward of the R/C boat and remain there, unless otherwise directed, for assistance.
- 19.2 After the warning signal, a race will not be postponed or abandoned due to breakdown unless the breakdown was reported as required by SI
- 19.3 Failure to effect repairs in the time allowed, or breakdowns after the warning signal shall not be grounds for redress. This changes RRS 62.

## **20 SUPPORT BOATS**

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

## **21 RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to all communication technologies.

## **22 COURTESY BROADCASTS**

- 22.1 The courtesy VHF broadcast channel will be CH 69.
- 22.2 A boat shall not request redress for errors or omissions in courtesy broadcasts. This changes rule 62.1(a).

## **23 PRIZES**

Prizes will be awarded as described in the Notice of Race.

**24 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

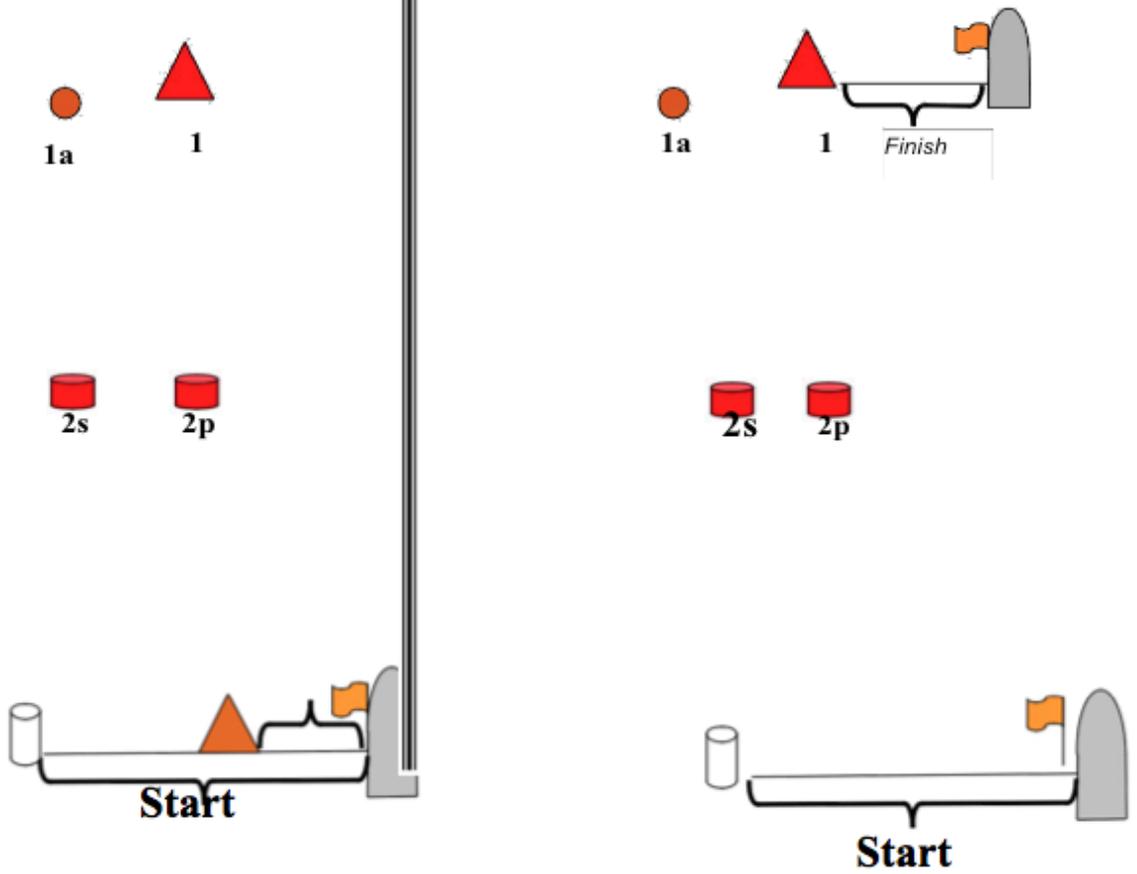
**25 FURTHER INFORMATION**

Libbi Dust, Regatta Manager  
Chicago Yacht Club  
400 E Monroe Street, Chicago, IL 60603  
312-861-7777, Ext. 5562 (o)  
312-617-2279 (m)  
[regattamanager@chicagoyachtclub.org](mailto:regattamanager@chicagoyachtclub.org)

# ADDENDUM A

## Courses

Course	Marks		Course	Marks
4	Start, 1, 1a, 2p/s, 1, 1a, Finish		3	Start, 1, 1a, 2p/s, Finish
6	Start, 1, 1a, 2p/s, 1, 1a, 2p/s, 1, 1a, Finish		5	Start, 1, 1a, 2p/s, 1, 1a, 2p/s, Finish



**ADDENDUM B**  
**Rotation**

<b>Race</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>1</b>							
<b>2</b>							
<b>3</b>							
<b>4</b>							
<b>5</b>							
<b>6</b>							
<b>7</b>							
<b>8</b>							
<b>9</b>							
<b>10</b>							

# **ADDENDUM C**

## **Handling the Boats**

### **1 GENERAL**

While all reasonable steps are taken to equalize, variations in the boats will not be grounds for redress. This changes RRS 62.

### **2 PROHIBITED ITEMS and ACTIONS**

Except in an emergency or in order to prevent damage or injury, or when directed by a member of the RC otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while “AP” is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Moving the mast blocks.
- 2.10 Using a flattener as a reef.
- 2.11 Attaching lines to the fabric of spinnakers.
- 2.12 Perforating sails, even to attach tell tales.
- 2.13 Radio transmission, except to report damage or in response to a request from the RC.
- 2.14 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.15 The use of electronic instruments other than compass and watches.
- 2.16 Using the spinnaker pole to wing out the foresail.
- 2.17 Marking directly on the hull or deck with permanent ink.
- 2.18 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 2.19 Sitting outboard (including legs) of the toe rail is prohibited, but the upper body may lean outboard.

### **3 PERMITTED ITEMS and ACTIONS**

The following are permitted:

- 3.1 Taking on board the following equipment:
  - (a) basic hand tools
  - (b) adhesive tape
  - (c) line (elastic or otherwise of 4 mm diameter or less)
  - (d) marking pens
  - (e) tell-tale material
  - (f) watch, timers and hand held compass
  - (g) shackles and clevis pins
  - (h) velcro tape
  - (i) spare flags
- 3.2 Using the items in 3.1 to:
  - (a) prevent fouling of lines, sails and sheets

- (b) attach tell tales
- (c) prevent sails being damaged or falling overboard
- (d) mark control settings
- (e) make minor repairs and permitted adjustments
- (f) make signals as per Appendix D2

3.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair or maintenance after removal.

3.4 Changing the number of mainsheet or jib sheet purchases.

#### **4 MANDATORY ITEMS and ACTIONS**

The following are mandatory:

4.1 The completion of a written damage report before leaving a boat and submitting it to the Bo'sun, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.

4.2 At the end of each sailing day:

- (a) rolling, bagging and placement of the sails as directed
- (b) leaving the boat in the same state of cleanliness as when first boarded that day
- (c) releasing backstay tension

4.3 At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash & recycling and removing all tape and marks.

4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.



Major  Damage	and  its structural integrity  may be impaired.	before  racing again. Requires more than 3 hours of work.
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**Point Penalties - to be applied to boats found in breach of RRS 14 as a result of a hearing held under Q5.5**

Level	Penalty
A	None
B	Place +6 pts
C	Place + 12

When both boats break RRS 14, they should both receive a points penalty.

**Deductions from Damage Deposits**

The assessment of damage level is only for the purpose of race-win penalties, and is not linked to any deductions from the competitor's damage deposits. Monetary deductions are assessed separately after closer inspection by the OA, 'bosun, and all damage costs are deducted from damage deposits irrespective of any penalty (or none) imposed under this system. In the event of damage, a team will be required to replenish its damage deposit during the regatta.

## Chicago Yacht Club Sonar Damage Report

The charges below are all applicable where it is obvious that damage or loss was caused due to misuse.

The definition of the damage will be decided by the event Bosun or the person in charge.

<b>DAMAGE</b>	<b>DEFINITION</b>	<b>COST</b>
Hull	Gelcoat nicks (per instance) Minor damage not requiring lamination Heavy damage requiring lamination or new capping	\$200.00 \$500.00 \$1,000.00
Keel/Rudder	Minor damage Heavy damage	\$400.00 \$1,000.00
Boom	Boom break or heavy damage	\$500.00
Mast	Mast break or heavy damage	\$1,000.00
Shrouds	Bent shrouds/turnbuckles	\$250.00
Sails	Rips smaller than 10cm Rips larger than 10cm up to 40cm Rips larger than 40cm Complete loss	\$50.00 \$100.00 TBD \$1,000.00
Flags	Loss	\$50.00
Sheets	Damage or loss	\$100.00
Halyards	Damage or loss	\$200.00
Spinnaker Pole	End fitting damage (per fitting) Pole break or loss	\$100.00 \$500.00
Deck Fitting	Damage or loss-small items Damage or loss - large items	\$50.00 \$100.00
Tiller	Damage or loss	\$200.00
Tiller Extension	Damage or loss	\$50.00
Hatch	Minor damage Major damage	\$100.00 \$300.00

\$100 will be deducted for failure to bail out water at the end of each day. Satisfactory bailing to be determined by the event Bosun.

Other charges may be made if other equipment is found to be missing or damaged. This will be determined by the event Bosun.



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## **ADDENDUM Q**

### **UMPIRED FLEET**

#### **RACING**

These sailing instructions change the definition Proper Course, and rules 20, 28.2, 44, 60, 61, 63, 64.1, 65, 66 and 70.

#### **Q1 CHANGES TO RACING RULES**

Additional changes to rules are made in instructions Q2, Q3, Q4, and Q5.

##### **Q1.1 Changes to the Definitions and the Rules of Part 2 and Part 4**

(a) Add to the definition Proper Course: 'A boat taking a penalty or maneuvering to take a Penalty is not sailing a proper course.'

(b) When rule 20 applies, the following arm signals are required in addition to the hails:

(1) for 'Room to tack', repeatedly and clearly pointing to windward; and

(2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

##### **Q1.2 Changes to Rules Involving Protests, Requests for Redress, Penalties and Exoneration**

(a) The first and second sentences of rule 44.1 are replaced with: 'A boat may take a One Turn Penalty, consisting of one tack and one gybe, when she may have broken a rule of Part 2, Rule 31, or Rule 42 while racing. However, if a boat may have broken a rule of Part 2 within the zone of a mark other than a starting mark, the penalty that may be taken is a Two-Turns Penalty.'

(b) Rule 60.1 is replaced with 'A boat may protest another boat provided she complies with instruction Q2.1.'

(c) The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted.

(d) Rule 64.1(a) is changed so that the provision for exonerating a boat may be applied by the umpires without a hearing, and it takes precedence over any conflicting instruction of this addendum.

#### **Q2 PROTESTS AND REQUESTS FOR REDRESS BY BOATS**

**Q2.1** While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or 42; however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' and conspicuously display a red flag at the first reasonable opportunity for each. She shall remove the flag before, or at the first reasonable opportunity after a boat involved in the incident has taken a penalty voluntarily or after an umpire's decision.

**Q2.2** A boat that protests as provided in instruction Q2.1 is not entitled to a hearing. Instead, a boat involved in the incident may acknowledge breaking a rule by taking a penalty in accordance with SI 1.5 and rule 44.2. An umpire may penalize any boat that broke a rule and was not exonerated, unless the boat took a voluntary penalty.

### **Q3 UMPIRE SIGNALS AND IMPOSED PENALTIES**

**Q3.1** An umpire will signal a decision as follows:

- (a) A green and white flag with one long sound means 'No penalty.'
- (b) A red flag with one long sound means 'A penalty is imposed or remains outstanding.' The umpire will hail or signal to identify each such boat.
- (c) A black flag with one long sound means 'A boat is disqualified.' The umpire will hail or signal to identify the boat disqualified.

**Q3.2** (a) A boat penalized under instruction Q3.1(b) shall take a penalty in accordance with rule 44.2.

- (b) A boat disqualified under instruction Q3.1(c) shall promptly leave the course area.

### **Q4 PENALTIES AND PROTESTS INITIATED BY AN UMPIRE; ROUNDING OR**

**PASSING MARKS Q4.1** When a boat

- (a) breaks rule 31 and does not take a penalty,
- (b) breaks rule 42, except 42.3(c)
- (c) gains an advantage despite taking a penalty,
- (d) deliberately breaks a rule,
- (e) commits a breach of sportsmanship, or
- (f) fails to comply with instruction Q3.2 or to take a penalty when required to do so by an umpire,

an umpire may penalize her without a protest by another boat. The umpire may impose one or more One-Turn Penalties to be taken in accordance with rule 44.2, each signalled in accordance with instruction Q3.1(b), or disqualify her under instruction Q3.1(c), or report the incident to the protest committee for further action. If a boat is penalized under instruction Q4.1(f) for not taking a penalty or taking a penalty incorrectly, the original penalty is cancelled.

**Q4.2** The last sentence of rule 28.2 is changed to 'She may correct any errors to comply with this rule, provided she has not rounded the next mark or finished.' A boat that does not correct any such error shall be disqualified under instruction Q3.1(c).

**Q4.3** An umpire who decides, based on his own observation or a report received from any source, that a boat may have broken a rule, other than instruction Q3.2 or rule 28 or a rule listed in instruction Q2.1, may inform the protest committee for its action under rule 60.3. However, he will not inform the protest committee of an alleged breach of rule 14 unless there is damage or injury.

### **Q5 PROTESTS; REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS**

**Q5.1** No proceedings of any kind may be taken in relation to any action or non-action by an umpire.



- Q5.2** A boat may not base an appeal on an alleged improper action, omission or decision of the umpires. A party to a hearing may not base an appeal on the decision of the protest committee. In rule 66 the third sentence is changed to 'A party to the hearing may not ask for a reopening.'
- Q5.4** Spare
- Q5.5** The protest committee may protest a boat under rule 60.3. However, it will not protest a boat for breaking instruction Q3.2 or rule 28, a rule listed in instruction Q2.1, or rule 14 unless there is damage or injury.